

HEALTHY COOKING

▶ HERB & GARLIC DRESSING



INGREDIENTS

- ▶ 2 Tbs soy sauce
- ▶ 2 Tbs apple cider vinegar
- ▶ 1 Tbs water
- ▶ ½ fresh chilli (optional)
- ▶ 1 clove garlic, crushed
- ▶ 1 tsp sesame seeds, toasted
- ▶ 1 tsp sesame oil
- ▶ 2 Tbs fresh coriander, Thai basil or spring onion, chopped

Mix all ingredients well, drizzle over salads just before serving. Complements Asian dishes well.

Each serving:

Carbohydrate: 1g

NEW IMAGE